



SCHOOL NURSE NOTES



Dear Parents & Guardians:

Welcome Back! I hope your summer was healthy and restful! Please review the following information related to health services this year. Over the last few years, we have faced many challenges, these have allowed some changes in daily practice that better ensure your child and others' safety while at school. We appreciate your cooperation and understanding with the guidelines.

My student visits the nurse during the day. What happens next?

- If a student comes to the nurse's office during the day a phone call home is made only in the event of serious injury, acute contagious illness or if the nurse's assessment warrants a phone call home. Non serious injuries may receive a note from the nurse, please check your child's folder for these. Email communication may also be used as an FYI basis for certain situations. The clinic is a high traffic area, please note not all nurses' visits will result in communication home if the student has a normal assessment, the goal is to keep the students in class when they are healthy enough to be at school. If your child has health concerns or conditions, please make sure the nurses have documentation of these issues, this is vital piece of a child's assessment when they come to the clinic.

Daily at Home Health Checks

- Check your child's temperature if they have illness symptoms pr complaints. Their temperature must be less than 100 degrees.
- Do not send your child to school after they have been given fever reducing medications. They can return if they do not have a fever for 24 hours without medication.
- If your child has had vomiting/diarrhea, please make sure they have been free of vomiting or diarrhea for 24 hours and have tolerated a meal before sending them to school.
- Students must stay home anytime they are sick.
 - This includes but is not limited to Fever greater than 100.0, vomiting, diarrhea, severe headache, new onset or worsening cough, sore throat, new onset loss of taste or smell, repeated shaking or chills or muscle pain.

Important health information related to COVID-19

- COVID-19 will be treated like any other infectious disease on the communicable disease chart from ODH, the same guidelines for all illnesses are used for when a student is safe to return to school/activities. No additional quarantines or isolation guidelines are needed.



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Return to school guidelines:

- Students must be fever free (without fever reducing medications) for 24 hours.
- If your child has had vomiting/diarrhea, please make sure they have been free of vomiting or diarrhea for 24 hours and have tolerated a meal before sending them to school.
- If your child is diagnosed with an illness (flu, strep, covid) please report it to the attendance line, this is helpful to track and monitor illness during the school year.
- For contagious illnesses requiring antibiotics students MUST be on the antibiotic for 24 hours AND fever free for 24 hours prior to returning.

Up to date information

Please always make sure that your child's teacher and the school office have current emergency contact numbers. We cannot keep students at school with high fevers; have a plan in place in case your child becomes sick at school. This is vital to keeping all illnesses under control.

Vision and Hearing screenings and referrals

These are conducted in the fall, if your child has any problems, you will be notified with a letter from the school. If you need assistance with eye exams or glasses, please reach out to the nurse's office.

Change of clothes

We encourage students to have a change of clothes in their backpacks in the event an accident occurs at school, we have a very limited supply of extra clothes in the clinic. If we provide your child with clothes in an emergency please wash and return everything, except the underwear. The clinic does accept donations of clothes to use in emergency situations. Please reach out if you have items you wish to donate!

Nursing Hours

There is one nursing clinic for the district, we are located on the elementary side of the building, we are available for all PK-12 students. A nurse is in the district from 7:00-3:15pm. Please see the info below to reach the nursing office. Please allow 24hours to respond to voicemails and emails.

Sincerely,

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